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MESSAGE FROM THE PRESIDENT

Dear Friends,

*“Hazaaron Khwaahishein Aisi Ki Har Khwaahish Pe Dum Nikle,
Bohot Nikle Mere Armaan, Lekin Phir Bhi Kum Nikle”*

..... Mirza Ghalib (1797-1869)

Translation: I have a thousand desires, all desires worth dying for, Though many of my desires were fulfilled, majority remained unfulfilled

Happy New Year, I wish you and your loved ones happiness, health and peace in 2019. The festive season brings friends and family together, enjoying gift sharing, having parties at home and at work, and putting on a few pounds along the way. Here in Northeast after a frigid Thanksgiving with sub -zero temperatures we had a warmer December and no white Christmas but we are gearing up to a cold couple of months – stay warm and safe.

AIPNA Executive Committee (EC) has been busy planning our 25th anniversary celebration, starting with the annual general body meeting and dinner during the USCAP meeting in March 2019 followed by a year long academic and social networking activities and ending with the 25th AIPNA/ICP International CME meeting in Ahmedabad in January 2020. We will felicitate two pathologists of international repute during our 25th anniversary celebrations including Dr. Anita Borges from Mumbai, India with the Lifetime Achievement Award for her contributions to the field of surgical pathology and pathology education in India and Friends of AIPNA award to Dr. Bharati Jhaveri, one of the Governors of College of American Pathologists (CAP) for helping bring AIPNA closer to the CAP. I welcome you all to be part of this great milestone in the life of AIPNA and contribute to its growth and planning the next 25 years.

Since the publication of the last newsletter, we have had a productive past few months of AIPNA sponsored academic activities in India and here in the US. The tradition of Master Class in a Pathology Subspecialty organized by Ram Manohar Lohia Institute of Medical Sciences (RMLIM) in Lucknow under the leadership of Dr. Nuzhat Husain, Pathology Chair RMLIMS has continued with great success.



ABOUT US:

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Newsletter Editor:

Shivayogi R. Bhusnurmath, MD,
FRCPath

Editorial Assistant:

Akisha Jones-Donald

Summer of 2018 saw our AIPNA member and a renowned breast pathologist, Dr. Savitri Krishnamurthy, from MD Anderson Cancer Center, Houston, TX present a Master Class on **“Evolving Concepts in Breast Malignancies”**. The next Master Class will be held in February 2019, which will be presented by former AIPNA President Dr. Bakul Dalal, University of British Columbia, Vancouver, Canada on **“Advances in Flow Cytometry”**.

Fall of 2018 saw a busy month of October for AIPNA members crisscrossing the globe to present AIPNA sessions at the ASCP meeting in Baltimore on **“Neuroendocrine tumors”** followed by an AIPNA session at the IAP meeting in Amman, Jordan on **“Hot topics in Pathology”** and breakfast session on **“Cytology and Surgical Pathology”** at the CAP meeting in Chicago. Thanks to the efforts of some AIPNA leaders, we now have a significant presence at the ASCP, CAP, USCAP and IAP meetings and I hope we can continue and grow this collaboration. The details of these programs are outlined in the newsletter. The India Institute of Medical Sciences, Bhopal will organize our next flagship International CME meeting on February 1st – 3rd, 2019. Dr. Nirag Jhala, the AIPNA CME coordinator for the Bhopal meeting has planned a great scientific session with a group of eminent Faculty from the US, Canada and England delivering talks at this meeting. I am grateful to all faculty for finding time from their busy schedule to travel to India on their own expense and participate in the meeting.

AIPNA’s Pediatric Pathology initiative is off to a great start, thanks to the efforts of Drs. Ranganathan and Vijay Joshi together with the leadership shown by our former President Dr. Anand Lagoo to launch the program and following up on it. AIPNA has pledged to support the pediatric pathology fellowship at St. John’s Medical College, Bangalore for three years. Thanks to the generosity of some AIPNA members we have completed the financial support for the fellowship program for the second year. This has been an excellent addition to pathology subspecialty training in India and you can be assured that your donations have been put to supporting a great cause. The next AIPNA sponsored

pediatric pathology CME will be held at Tata Medical Center, Kolkata from January 17th – 20th.

I would like to share with you the good news regarding election of our Executive Director Dr. Megha Joshi to the College of American Pathologists House of Delegates Steering committee – Congratulations **Megha!**

Finally, as always a big thank you to our newsletter editor Dr. Shivayogi Bhusnurmath and editorial assistant Mrs. Akisha Jones-Donald for bringing out the newsletter – your time and effort is greatly appreciated.

I hope to see you all in Washington DC at the USCAP meeting in March to celebrate AIPNA’S 25th anniversary. Till then stay warm and safe.

The voluntary service and contributions by AIPNA members towards fulfilling its mission reminds me of these lines...

“We make a living by what we get, we make a life by what we give” ... Sir Winston Churchill (1874-1965)

Best wishes
Ashraf Khan
AIPNA President

AIPNA TURNS 25!!!

The 25th anniversary AIPNA-ICP CME meeting will be hosted by BJ Medical College in Ahmedabad **February 1st to 3rd, 2020**. Further details including



what is being planned for the celebration and conference website will be made available soon. The coordinators for this meeting include Dr. Nuzhat Husain (ICP) and Srin Mandavilli (AIPNA). Dr. Hansa Goswami is the local organizer.

AIPNA'S EXECUTIVE OFFICERS & COMMITTEES

Executive Committee Members:

President: Ashraf Khan, Boston

President Elect: Anil Prasad, Arizona

Immediate Past President: Anand Lagoo, Duke Univ.

Executive Vice President: Megha Joshi, MD Lawrence, MA

Executive Director: Shivayogi Bhusnurmath, MD Grenada

Secretary/ Treasurer: Rajal Shah, MD Dallas, TX & Bharti Bhusnurmath, MD, Grenada

Patrons:

Vinay Kumar, MBBS Chicago, IL

Vijay Joshi, MD New Jersey

Newsletter Editor: Shivayogi Bhusnurmath, MD Grenada

Co-Chairs, Education Committee:

Shivayogi Bhusnurmath, MD Grenada

Bharti Bhusnurmath, MD Grenada

CAP Liaison: Anil Prasad, Arizona

Chair CME Committee: Srinivas Mandavilli, MD Hartford, CT

Chair Molecular Pathology: Priti Lal, MD, NJ

Resident Members:

Safina Hafeez, MD, Hartford

Pallavi Patil, MD, Rhode Island

24TH AIPNA-ICP CME (Bhopal February 2019)

Presented by: **Dr. Nirag Jhala**

The 24th Anniversary AIPNA-ICP CME meeting will be hosted by AIIMS- Bhopal on **February 1st – 3rd, 2019**. The coordinators for this meeting include Drs. Francisco Cuoto (ICP), Nirag Jhala (AIPNA) and Dr. Neelkamal Kapoor will serve as the local organizer.

Dr. Bakul Dalal our past President and EC member will deliver the SJ Nagalottimath Oration on the topic ***"Flow Cytometry in Hematology: A story of Serendipity"***. Michael Feldman MD, Professor and Vice Chair for the department of Pathology and Laboratory Medicine at University of Pennsylvania

Health will deliver the keynote lecture on the topic, ***"A Byte of the future: Digital Pathology, Machine Learning... New Value Based Opportunities"***. There will be 10 speakers of high repute representing AIPNA. The program will include a session of 'Stump the Stars' with GU as the topic this year. As a mark of progression, digitally scanned slides were exchanged for the program highlighting the changing landscape of pathology practices. The speakers will be Dr. Lal, Chief of GU pathology at University of Pennsylvania, Dr. Chandra, contributor to the GU section in famous text book - Grey's Anatomy, Dr. Sangeeta Desai (Chief of Pathology at Tata Memorial Hospital, Mumbai) and Dr. Uppin (Professor, Nizam Institute of Medical Sciences, Hyderabad). AIPNA's President, Dr. Khan will also present on the topic of Breast Pathology. Dr. Prasad, who served on the nominating committee for House of delegates at CAP will speak on topic of ***"Building Quality Assurance Parameters"*** as well as in the segment – President's Rounds - Memorable Cases. There will also be sessions on individual organ-based themes on GI pathology, Gyn Pathology, Cytopathology, Head and Neck Pathology and Hematopathology. It will be very encouraging experience to hear about some of the stalwarts in Indian pathology scene who have served to move the Pathology field and have enthused many in India. This year the Pathologist to be highlighted is – Dr. Ramlingaswamy (*he is perhaps the only Indian pathologist who was invited to deliver the Maude Abbott Lecture at USCAP in early or mid-1960s*). AIPNA speakers will be represented from a wide array of institutions including Vancouver General Hospital, Canada, Temple University Hospital, Philadelphia, Hospital of the University of Pennsylvania, Philadelphia, New York University, NY, Harvard Medical Institution, Boston.

Per latest information more than 250 delegates have registered. The high repute of this event going on its 24th year, built by Dr. Joshi, our coordinators and esteemed speakers along with our partners from local organizations and ICP can be gleaned

from the fact that approximately 100 scientific abstracts will be presented at this meeting (*perhaps the highest number presented at AIPNA-ICP CME so far*).

MASTER CLASS IN PATHOLOGY SUBSPECIALTY

Ram Manohar Lohia Institute of Medical Sciences, (RMLIMS), Lucknow, UP, India in collaboration with AIPNA started the concept of masterclass in a pathology subspecialty two years ago. This program, brain child of Professor Nuzhat Husain, chair of pathology at RMLIMS and the current secretary of Indian College of Pathologist has been a very successful pathology education event in Lucknow that attracts practicing pathologists and pathology postgraduates from Lucknow and neighboring cities in UP. The last masterclass was held on the topic of ***“Evolving Concepts in Breast Pathology”***, led by our AIPNA member and a leader in breast pathology, Dr. Savitri Krishnamurthy, professor of pathology, MD Anderson Cancer Center, Houston, TX. Around 100 delegates attended this program and it received great reviews by the attendees leading the way to future such programs. Past president of AIPNA, Dr. Bakul Dalal, Professor of Pathology and Director of Flowcytometry, University of British Columbia, Vancouver, Canada will hold the next masterclass in February 2019 on ***“Advances in Flowcytometry”***. This has been a great addition to the pathology education programs organized by AIPNA and we hope the tradition will continue in the years ahead and help work towards fulfilling the mission of AIPNA.

REGISTRATION FORM

DR. RAM MANOHAR LOHIA INSTITUTE OF MEDICAL SCIENCES, LUCKNOW DEPARTMENT OF PATHOLOGY

in association with
AIPNA, USA

NAME:
DATE OF BIRTH:
AFFILIATION:
ADDRESS:
MOBILE NUMBER:
EMAIL ID:
DD No.Dated.....
In favour of CME Pathology, Drawn on
Bank.....

Registration Guidelines:
Registration is limited for 50 candidates only.
Amount: Rs. 1000/-



Payment to be made through “Demand draft” in favour of ‘CME Pathology’ payable at Lucknow

Please post the duly filled registration form along with the demand draft to:
Department of Pathology, Dr. Ram Manohar Lohia Institute Of Medical Sciences, Vibhuti Khand, Gomti Nagar, Lucknow-226010, India

Email: pathologyrmlims@gmail.com
Phone: 7275068922

MASTER CLASS:
FLOWING FORWARD ON THE FLOWCYTOMETRY ROUTE

Date: Saturday 9th February 2019
Venue: SEMINAR ROOM, 7TH FLOOR, OPD BLOCK, DEPARTMENT OF PATHOLOGY, DR. RAM MANOHAR LOHIA INSTITUTE OF MEDICAL SCIENCES, VIBHUTI KHAND, GOMTI NAGAR, LUCKNOW



Guest Faculty: Dr Bakul Dalal, MD



Clinical Professor, Vancouver General Hospital,
Director, Flow Cytometry Service,
Dept of Pathology and Lab medicine
University of British Columbia,
Vancouver Canada

Graduate of Jamnagar, Postgraduate training at PGI, Chandigarh, Further training in National Institutes Health in USA and at the University of Chicago. Dr Bakul is currently working at Vancouver General Hospital and University of British Columbia In Canada. His areas of interest are Haematopathology, hematopoietic malignancies, flow cytometry, development of clinical practice guidelines, laboratory accreditation. He has published more than 90 papers, abstracts and chapters and has delivered several Invited lectures in India, USA, Canada, UK, West Indies, Netherlands and Saudi Arabia.

This Masterclass will be conducted by Dr Bakul Dalal who will be covering multiple aspects of flowcytometry analysis in lectures and case discussion enlisted in the scientific program.

SATURDAY 9th FEBRUARY 2019
SCIENTIFIC PROGRAM

| | | |
|----|--|-----------------|
| | Registration | 9.00am-9:30am |
| 1. | Introduction to Analysis in Flow | 9:30 am-10:00am |
| 2. | Flowcytometry in Leukaemias | 10.00am-11:00am |
| | Tea break | 11:00am-11:15pm |
| 3. | Case based presentations with interactive discussions: Dr Namrata Awasthi RMLIMS Dr Rashmi Kushwaha KGMU, Dr Sanjay Mehrotra RMLLabs, Dr Ruchi Gupta SGP GIMS, Dr Surabhi Gupta Sahara Hospital | 11:15pm-12:15pm |
| 4. | Flowcytometry in Plasma cell disorders and approach to MRD | 12.15pm -1.00pm |
| 5. | Flowcytometry application in Non neoplastic conditions | 1.00pm -1.30pm |
| | Lunch break | 1.30pm -2.00pm |
| 6. | Complexities in diagnosis in Heme Onc-Morphology to Flow: : Case discussions | 2.00pm – 4.00pm |
| | Quiz for Residents | 4.00pm-4.30pm |

**REPORT ON PEDIATRIC PATHOLOGY AT
ST. JOHN'S MEDICAL COLLEGE,
BENGALURU**

Presented by: Anand Lagoo, M.D., Ph.D.

The AIPNA sponsored effort to start a Pediatric Pathology fellowship has reached an important milestone in December 2018. The Organization of Indian College of Pathologists (ICP) has approved the proposed fellowship at St John's Hospital as an ICP sponsored Post-Doctoral Certificate Course (PDCC). ICP acts as the main organization to provide de-facto accreditation for subspecialty training in pathology in India, akin to the Accreditation Council for Graduate Medical Education in US. This approval is given after a lengthy paper application followed by a site visit. ICP site visit to St John's Pathology Department was conducted in August 2018 and the formal approval was granted by the executive committee and general body of the ICP.

AIPNA MEETINGS AT USCAP 2019

As customary, AIPNA will host its Executive Committee and General Body Meetings during the USCAP 2019 Annual Meeting, which is being held at the Gaylord National Resort & Convention Center, National Harbor, Maryland March 16th – 21st, 2019.

AIPNA Executive Committee Meeting

Saturday, **March 16th - 5:00 - 7:30 PM**
Venue: Camellia



AIPNA General Body Meeting

Sunday, **March 17th - 5:00 - 7:30 PM**
Venue: Woodrow Wilson B.
Everyone is invited to attend.

Additional information will be communicated as it becomes available.

The idea to start the fellowship was suggested by Dr. Vijay Joshi, Patron member of AIPNA after observing the outstanding clinical and academic output in Pediatric Pathology by Dr. Usha Kini, Professor of Pathology at St John's. The establishment of the fellowship was put on a realistic path by the financial support made possible by the generosity of AIPNA members. In the last 18 plus months, Dr Suravi Mohanti, Associate Professor of Pathology at St John's has taken over the mantle for establishing the fellowship with guidance from Drs. Vijay Joshi, S.R. Ranganathan, and Anand Lagoo. We have made several visits to St John's and secured the approval and guarantee of Institutional support from the Head of Department of Pathology and the Dean of Medical College.

With the approval from ICP in hand, the first Pediatric Pathology fellow is being recruited and is expected to start in Fall of 2019. AIPNA is committed to financially support this effort for two more years and we hope that AIPNA members will continue their generosity to further this effort.



From Left: *Dr. Maria Bukelo, Dr. Suravi Mohanty, Dr. Anand Lagoo (AIPNA), Dr. Usha Kini.*
St John's Medical College, Bengaluru.

REPORT ON THE 3RD INTERNATIONAL PEDIATRIC PATHOLOGY CME

Presented by: Dr. Sarangarajan Ranganathan

The 3rd International Pediatric Pathology CME, 2019 was held at the Tata Memorial Center, Kolkata, January 18th - 20th, 2019; a joint AIPNA-TMC Kolkata meeting. Six International Faculty, along with 25 local Faculty participated at the meeting, presenting sessions on soft tissue tumors, pulmonary pathology, neuropathology and hematopathology. There was also a pre-conference workshop on Molecular Pathology and Perinatal Pathology held on 17th January.

The 4th Pediatric Pathology CME will be held at Sri Ramachandra Medical University, Chennai in 2020.

REPORT ON AIPNA AT CAP18

Presented by: Dr. Anil Prasad

The second AIPNA Educational Breakfast Session at Annual CAP Meeting in Chicago, October 2018
Grand Success Encore!!

The AIPNA meeting at CAP'18 pulled a huge crowd for the Educational Session. APS Billing Company had kindly sponsored the event.

The meeting started with Anil Prasad, AIPNA- CAP Liaison, introducing various current office bearers of CAP and the candidates for election to various positions in the CAP Board.

President Elect candidates; James Richard, Emily Volk and Tim Allen addressed the audience; Board of Governor candidates Jim Zhai and Mary Fowkes also spoke.

The Educational session was moderated by Anil Prasad, President-Elect AIPNA.

There was an impressive line-up of speakers. Ritu Nayar, MD Professor and Vice Chair of Pathology, Northwestern University School of Medicine presented an interesting case of a paraganglioma, diagnosed on FNA, Megha Joshi, MD discussed the Milan System for reporting Salivary Gland FNA specimens and Shivayogi Bhusnurmath, MD spoke on Choosing Wisely, a timely topic for laboratory test utilization.

CAP President elect, Pat Godbey, CAP CEO Steve Meyer, Board of Governor members, Bharati Jhaveri, Nancy Young, Past President Richard Friedberg his wife Dianne Friedberg and CAP staff were in attendance.

Anil Prasad talked about AIPNA activities in 2018: Jordan IAP Conference, ASCP AIPNA conference, and AIPNA at Vancouver at USCAP, and AIPNA India Karad initiative. The photographs were impressive. To the Joy of all present, he announced two significant achievements by two of our very own AIPNA members: Megha Joshi being elected as CAP HOD Member-At-Large and Professor Bhusnurmath being nominated as Chair of the IAP Educational Committee.

THANKS TO ALL AIPNA SUPPORTERS

As an organization, AIPNA has made great strides and achieved many successes in recent times. This success would not be possible without the selfless commitment of our valued members. We tip our hats to you. We are also grateful for our corporate supporters and we specially recognize the teams at CSI Laboratories and APS for their recent contributions. We look forward to your continued support as we spread the AIPNA mission.



People. Trust. Results.

Since 1960

AIPNA MEMBERS AT THE EUROPEAN CONGRESS OF CYTOLOGY MEETING JUNE 2018 (SPAIN)

Presented by: **Dr. Megha Joshi**



AIPNA members Darshana Jhala, M.D and Megha Joshi, M.D were speakers at the Diverse Cytopathology Session on June 11th, 2018. Other speakers in the session were from China, South Africa, Sri Lanka, Taiwan and Singapore.

Dr. Jhala spoke on EBUS and EUS and her talk was awe-inspiring. Dr. Joshi spoke on NGS in Thyroid FNAs.

AIPNA members were happy to meet their counterparts in Sri Lanka, and a joint meeting with AIPNA and Sri Lanka is in the works.

The meeting session was chaired and moderated by Dr. Roque Pinto, Dean and Chair, Dept of Pathology, Goa Medical College.



On June 10th, a session from India with 13 speakers was very well attended. Dr. Shubhada Kane from TMH spoke on new entities described in Salivary gland neoplasms. AIPNA has definitely brought pathologists from India and USA closer together. Another speaker from TMH, Dr. Bharat Rekhi had a platform presentation.

ECC 2018 saw the presence of delegates from 64 countries. Dr. Ed Cibas was a keynote speaker. Dr Ritu Nayar, Dr. Bill Faquin, Dr. Baloch were also participants.



Dinner after the conference presentation

AIPNA AT INTERNATIONAL ACADEMY OF PATHOLOGY MEETING - OCTOBER 2018 (JORDAN)



Theme: Hot Topics in Pathology
AIPNA Session Moderator: Ashraf Khan, MD



Mamta Gupta MD
Staff Consultant GYN and GU Pathology
Beth Israel Deaconess Medical Center
Harvard Medical School
Boston MA, USA



Ashraf Khan, MD, FRCPath
Professor of Pathology
Director, Surgical Pathology,
University of Massachusetts Medical School,
Worcester, MA, USA



Anand Lagoo, MD, PhD
Professor of Pathology
Director, Flow Cytometry
Duke University,
Durham, NC, USA



Bakul Dalal, MD, FRCPC
Professor of Hematology
University of British Columbia
Vancouver, BC, CANADA



AIPNA Girl Power at the IAP Meeting (L to R): Drs. Rabab Khan, Mamta Gupta, Sandhya Lagoo and Nita Dalal



2018 AIPNA FINANCIAL AND MEMBERSHIP REPORT

Presented by: **Rajal B. Shah, M.D.** Treasurer and Secretary

Account balances

- Operative account : \$27,450.00
- Donation account: \$20,716.00
- Total : \$48,166.00

Operative account uses funds for meeting and other organization's operation related expenses
Donation account uses funds for specific projects

2018 Membership and Financial Report

| | |
|-----------------------------|-----|
| Total members: | 390 |
| Life members: | 107 |
| Active (dues paid) members: | 143 |

Income:

| | |
|--|-------------|
| Operative income: | \$11,893.00 |
| (from membership dues: \$6393, from sponsorship: \$5500) | |
| Income from donations: | \$1,801.00 |
| (Includes funds received for Peds path initiative) | |

Expenses:

| | |
|--------------------|-------------|
| Operative expenses | \$14,039.00 |
|--------------------|-------------|

Total available funds

| | |
|--|-------------|
| (Includes funds carryover from 2018 new funds from 2019) | \$48,166.00 |
|--|-------------|

CONGRATULATIONS!!!

Country representatives for the Royal college of pathology, London, UK

It is our pleasure report that two AIPNA executive members were nominated by the Royal College of Pathology as country representatives in 2018 - Professor Monalisa Sur from McMaster University,

Hamilton for Canada and Professor Shivayogi Bhusnurmath, Dean Academic Affairs, St. George's University school of Medicine for Grenada. Congratulations to them both.



AIPNA Executive Director appointed to the executive committee of International Academy of Pathology (IAP)

Professor Shivayogi Bhusnurmath, Dean of Academic affairs at St Georges University School of Medicine, Grenada was nominated and unanimously elected to the executive committee of IAP by the general body and the executive committee at its recent conference held in Jordan in October 2018. He has also been appointed as the new editor of the **IAP News Bulletin** which will henceforth be published from his department at the St. Georges University, Grenada.

AIPNA Executive Member to present at IAP

Professor Bharti Bhusnurmath, from the St. George's University School of Medicine, Grenada and Co-chair of the education committee of AIPNA and its co-secretary/treasurer has been invited by the International Academy of Pathology (IAP) to



present her experiences related to teaching pathology under adverse conditions, when Grenada was unexpectedly destroyed by Hurricane Ivan in September 2004. The course was relocated to a

make-shift campus in Miami for the rest of the term. The presentation will be on Wednesday 20th March during the USCAP conference at the Gaylord National Resort and Convention center, National Harbor, Maryland where the education committee of IAP is holding a special session on teaching pathology in adverse conditions. Congratulations to Professor Bharti and you are all invited to attend.



JEST A MINUTE!

How to identify a Doctor

Girl with apron pockets full of garbage.. restless, irritable, waddling gait....shouting on phone...
A GYNAECOLOGIST

Stethoscope in neck, hump at back, or sometimes belly try to come out of shirt, silent, tired walk with masked facial appearance.... No response to stimuli to smile...
MD MEDICINE.

Snoozing on chair... but loud voice... few abuses... Dominating personality... like DON of the hospital, everybody talks to him politely including Dean or Medical Superintendent
.. A SURGEON

Brisk gait, white paste on pant and boots....loud voice...lots of attitude... talking of self... arrogant, under influence...
An ORTHOPEDICIAN

Red stetho..calm, polite, smart, soft spoken with always a smile on face, sweet by nature.....you got it . . .
A PAEDIATRICIAN

Mostly female. ...gossiping... Always waiting for surgeons..
Still hate surgeon... Shouting on OT staff..
An ANAESTHETIST...

Calm, neatly dressed, rarely seen by pts, blurring of vision...
A RADIOLOGIST

In dirty White coat, confused, always in a hurry, everybody shouting at him/her including sister/ Mama
An INTERN...

Mostly female usually beautiful one, smartly dressed...Fresh with good sleep...
Carrying lots of fat books..
Shouted at by Surgeon for borderline n delayed reports...
Quite confident look oozing from the fact that nothing can happen in any ward without my reports be it Surgery, Gynaecology or Medicine...
And, that's our PATHOLOGIST...

Origin: Unknown

7 short stories shared by Satya Nadella (CEO Microsoft)

LOOKING BACK
I interviewed my grandmother for part of a research paper I'm working on for my Psychology class. When I asked her to define success in her own words, she said, "Success is when you look back at your life and the memories make you smile."

LOVE CONQUERS PAIN

After I watched my dog get run over by a car, I sat on the side of the road holding him and crying. And just before he died, he licked the tears off my face.

TOGETHERNESS

As my father, three brothers, and two sisters stood around my mother's hospital bed, my mother uttered her last coherent words before she died. She simply said, "I feel so loved right now. We should have gotten together like this more often."

AFFECTION

I kissed my dad on the forehead as he passed away in a small hospital bed. About 5 seconds after he passed, I realized it was the first time I had given him a kiss since I was a little boy.

JOY

When I witnessed a 27-year-old cancer patient laughing hysterically at her 2-year-old daughter's antics, I suddenly realized that I need to stop complaining about my life and start celebrating it again.

KINDNESS

A boy in a wheelchair saw me desperately struggling on crutches with my broken leg and offered to carry my backpack and books for me. He helped me all the way across campus to my class and as he was leaving he said, "I hope you feel better soon."

SHARING

I was traveling in Kenya and I met a refugee from Zimbabwe. He said he hadn't eaten anything in over 3 days and looked extremely skinny and unhealthy. Then my friend offered him the rest of the sandwich he was eating. The first thing the man said was, "We can share it."

Celebrate Life with Gratitude

REMINDER

Joining our mailing list is simple . . . send your request to aipnanewsletter@gmail.com.